

# GOOD MORNING DTPHX!

RISE AND SHINE WITH INGO'S  
everyday 7-11am

- LGO FAMOUS ENGLISH MUFFIN (v)** ..... 3<sup>00</sup>  
lightly toasted with butter and preserves
- EGG SALAD TARTINE** ..... 4<sup>50</sup>  
sprouted rye, egg salad, chives (prosciutto +1<sup>00</sup>)
- OVERNIGHT OATS (v)** ..... 5<sup>25</sup>  
rolled oats, fresh fruit, house-made nut milk
- HEIRLOOM BROWN RICE BOWL** ..... 9<sup>75</sup>  
sorrel pesto, kale, sweet potato, feta, pepitas and sesame seeds, soft boiled egg (v)
- TROUBADOUR EGG SANDWICH** ..... 8<sup>50</sup>  
english muffin, arugula, baby swiss, avocado, lacto-fermented hot sauce (v)
- EGG BREAKFAST** ..... 8<sup>00</sup>  
three eggs your style served w/ applewood bacon, LGO english muffin
- VEGAN BREAKFAST BURRITO** ..... 8<sup>50</sup>  
black bean, sweet potato, kale, cashew cheese,  
sundried tomato, avocado, our lacto-fermented hot sauce (v)
- INGO'S CHORIZO BURRITO** ..... 8<sup>50</sup>  
whole wheat tortilla, egg, grass fed beef chorizo, avocado, cheddar cheese,  
potatoes, lacto-fermented hot sauce

## LGO BAKESHOP PASTRIES

### OPIES

All Fruit Hand Pies, Baked In House Daily - 4<sup>50</sup>

- LEMON POPPYSEED SCONE** ..... 3<sup>50</sup>  
buttery, tender, lemon, poppy seeds
- WHOLE WHEAT BLUEBERRY COFFEE CAKE** ..... 3<sup>50</sup>  
whole wheat cake, streusel topped,  
blueberries
- VEGAN CHOCOLATE CHIP BANANA BREAD (gf/v)** ..... 3<sup>50</sup>  
roasted bananas, vegan chocolate, gluten free
- ALMOND BEAR CLAW** ..... 3<sup>50</sup>  
almond filled, puff pastry, almond topping

..... **LUNCH SALADS MADE TO ORDER** .....  
**AVAILABLE TO GO**

- 1) coffee and pastry catering available
- 2) all pastries baked fresh daily
- 3) (v) vegetarian or can be made vegetarian



Please alert us at beginning of your meal to ALL possible food allergies.

\*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

## INGO'S SIGNATURE COFFEES

regular/large

- BLACK AND WHITE** ..... 4<sup>00</sup>/5<sup>00</sup>  
cold brew coffee lightly sweetened, topped with mint whipped cream
- GINGER COLD BREW** ..... 4<sup>00</sup>/5<sup>00</sup>  
ginger anise syrup, house cold brew coffee
- GOLDEN LATTE** ..... 4<sup>00</sup>/5<sup>00</sup>  
house-made turmeric syrup
- SALTED BUTTERSCOTCH LATTE** ..... 4<sup>00</sup>/5<sup>00</sup>  
house-made butterscotch, maldon sea salt



## COFFEE BEVERAGES

regular/large

- ICED COLD BREW** ..... 3<sup>50</sup>/4<sup>50</sup>
- CAPPUCCINO** ..... 4<sup>00</sup>/4<sup>50</sup>
- LATTE** ..... 4<sup>00</sup>/5<sup>00</sup>
- DRIP COFFEE** ..... 2<sup>50</sup>/3<sup>50</sup>
- GUITTARD CHOCOLATE MOCHA** ..... 4<sup>50</sup>/5<sup>50</sup>
- ESPRESSO** ..... 2<sup>75</sup>/---
- AMERICANO** ..... 3<sup>25</sup>/4<sup>25</sup>
- MACCHIATO** ..... 3<sup>00</sup>/---
- CHAI TEA LATTE** ..... 3<sup>50</sup>/4<sup>50</sup>

Add Flavors +.50 Vanilla, Hazelnut, Butterscotch | Add Espresso Shot +.75 | House made Oat or Nut Mylk + \$1.00

### **HOT TEA**

Jasmine Green, Breakfast, Rooibos, Peppermint - 3<sup>00</sup>  
Assorted Hot Tea Selection by Steven Smith (Portland, OR)



**DOWNLOAD THE INGO'S TASTY FOOD APP  
CONVENIENT DELIVERY & CURBSIDE AT YOUR FINGERTIPS!**

Please email catering orders to our Director of Sales & Catering: [KRoberts@lgohospitality.com](mailto:KRoberts@lgohospitality.com)



**ALWAYS GRASS FED,  
ALWAYS GRASS FINISHED**



**NEVER EVER  
ANTIBIOTICS,  
OR HORMONES.**

**100% GRASS FED;  
NO GRAIN  
OR ANIMAL  
BY-PRODUCTS.**

**BORN, PASTURE  
RAISED IN THE  
USA.**

- TONI'S DEVEILED EGGS** ..... 3<sup>75</sup>  
german mustard, goat cheese, pickled beet
- FRESH SHATTERED POTATO CHIPS** ..... 4<sup>90</sup>  
sea salt, cracked pepper with lebni and/or homemade lacto fermented hot sauce (v)
- INGO'S CHOPPED CHEF SALAD** ..... 9<sup>75</sup>  
romaine, arizona dates, white beans, avocado, cheese, almonds
- ORANGE AND FENNEL SALAD** ..... 9<sup>75</sup>  
spinach, arugula, goat cheese, avocado, almonds, gastrique onions
- KALE AND QUINOA SALAD** ..... 9<sup>75</sup>  
sunflower seeds, grapes, preserved lemon, red peppers, manchego, fresh parmesan (v)
- TROUBADOUR EGG SANDWICH\*** ..... 8<sup>50</sup>  
english muffin, arugula, baby swiss, avocado, our hot sauce (v)
- HEIRLOOM BROWN RICE BOWL** ..... 9<sup>75</sup>  
sorrel pesto, kale, sweet potato, feta, pepitas and sesame seeds, soft boiled egg (v)
- FISH & CHIPS\*** ..... 10<sup>50</sup>  
crispy white fish, shattered chips, tartar sauce
- THE DUCHESS** ..... 9<sup>75</sup>  
oven roasted tri tip sliced to order, au jus, house-made horseradish sauce
- WHITE FISH CLUB SANDWICH** ..... 10<sup>50</sup>  
crispy loup de mer, tartar sauce, lettuce, tomato, pickle
- CRISPY CHICKEN SAMMY** ..... 8<sup>95</sup>  
100% all natural chicken breast, dill pickle, spicy aioli, apple
- BLACK BEAN BURGER** (vegan) ..... 8<sup>95</sup>  
cashews, poblano peppers, lettuce, tomato, pickle,  
house made vegan nut cheese - spicy!
- FARMER'S DAUGHTER BURGER\*** ..... 9<sup>50</sup>  
grass fed beef, toasted bun, dijonnaise, baby swiss, sauerkraut
- CHEESEBURGER\*** ..... 9<sup>25</sup>  
grass fed beef, cheddar, lettuce, tomato, russian dressing, pickle
- PARIS TEXAS BURGER\*** ..... 9<sup>75</sup>  
grass fed beef, apple bbq sauce, smoked bacon, cheddar cheese, lettuce, dill pickle

1) kids (12 and under) grilled cheese 3<sup>75</sup>

2) upgrade w/ an egg\* +1<sup>00</sup>

3) wrap your salad n/c

4) "adam & eve" style on any burger n/c

5) add grass fed patty/crispy chicken to salad +4 add white fish +6

6) (v) vegetarian or can be made vegetarian



**INGO'S**  
**TASTY FOOD**  
BEER WINE & COCKTAILS

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# COCKTAILS

Happy Hour every day 4-7pm  
5.00 signature cocktails

**INGO'S GREYHOUND** ..... *rocks* 8  
gin, fresh grapefruit, lemon, mint *frozen* 8

**LAVENDER LEMONADE** ..... 8  
vodka, fresh lemon juice, lavender

**DIEGO RIVERA** ..... 8  
milagro silver tequila, fresh citrus, thyme



only the best: fords gin, flor de caña rum,  
bulleit bourbon, tito's handmade vodka, and frida kahlo blanco tequila

## LGO PROPRIETARY WINES

glass / bottle  
**FARM TABLE RED** ..... 7/17  
**CLEAN + BRIGHT CHARDONNAY** ..... 7/17  
**FARM TABLE ROSÉ** ..... 7/17  
**LGO PÈRE LACHAISE SPARKLING** ..... 25

## BEER

16oz can  
**WREN HOUSE 'BIG SPILL' PILS** ..... 8  
phoenix, arizona 4.7%  
**THE SHOP BEER CO 'CHURCH MUSIC' IPA** ..... 8  
tempe, arizona 6.7%

## MORE BEVERAGES HERE

- ICED TEA** black or green 24oz/32oz. .... 2<sup>75</sup>/3<sup>90</sup>
- HOUSEMADE LEMONADE** 24oz/32oz. .... 3<sup>00</sup>/4<sup>00</sup>
- COKE** with pure sugar cane ..... 3<sup>25</sup>
- DIET COKE** ..... 3<sup>00</sup>
- SAN PELLEGRINO ARANCIATA** ..... 3<sup>25</sup>
- TOPO CHICO MINERAL WATER** ..... 3<sup>25</sup>
- PURELY SEDONA STILL WATER** 330ml ..... 3<sup>25</sup>



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