



**RISE AND SHINE WITH INGO'S**  
every day until 11am

<b>LGO FAMOUS ENGLISH MUFFIN (v)</b> .....	<b>3<sup>00</sup></b>
lightly toasted with butter and preserves	
<b>EGG SALAD TARTINE</b> .....	<b>4<sup>50</sup></b>
sprouted rye, egg salad, chives (prosciutto +1 <sup>00</sup> )	
<b>OVERNIGHT OATS (v)</b> .....	<b>5<sup>25</sup></b>
rolled oats, fresh fruit, house-made nut milk	
<b>HEIRLOOM BROWN RICE BOWL</b> .....	<b>9<sup>75</sup></b>
sorrel pesto, kale, sweet potato, feta, pepitas and sesame seeds, soft boiled egg (v)	
<b>TROUBADOUR EGG SANDWICH</b> .....	<b>8<sup>50</sup></b>
english muffin, arugula, baby swiss, avocado, lacto-fermented hot sauce (v)	
<b>EGG BREAKFAST</b> .....	<b>8<sup>00</sup></b>
three eggs your style served w/ applewood bacon, LGO english muffin	
<b>VEGAN BREAKFAST BURRITO</b> .....	<b>8<sup>50</sup></b>
black bean, sweet potato, kale, cashew cheese, sundried tomato, avocado, our lacto-fermented hot sauce (v)	
<b>INGO'S CHORIZO BURRITO</b> .....	<b>8<sup>50</sup></b>
whole wheat tortilla, egg, grass fed beef chorizo, avocado, cheddar cheese, potatoes, lacto-fermented hot sauce	

**LGO BAKESHOP PASTRIES**

**OPIES**

All Fruit Hand Pies, Baked In House Daily - 3<sup>50</sup>

<b>LEMON POPPYSEED SCONE</b> .....	<b>3<sup>50</sup></b>	<b>VEGAN CHOCOLATE CHIP BANANA BREAD (gf/v)</b> .....	<b>3<sup>50</sup></b>
buttery, tender, lemon, poppy seeds		roasted bananas, vegan chocolate, gluten free	
<b>WHOLE WHEAT BLUEBERRY COFFEE CAKE</b> .....	<b>3<sup>50</sup></b>	<b>ALMOND BEAR CLAW</b> .....	<b>3<sup>50</sup></b>
whole wheat cake, streusel topped, blueberries		almond filled, puff pastry, almond topping	

**LUNCH SALADS MADE TO ORDER**  
**AVAILABLE TO GO**

- 1) coffee and pastry catering available
- 2) all pastries baked fresh daily
- 3) (v) vegetarian or can be made vegetarian

Please alert us at beginning of your meal to ALL possible food allergies.  
\*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients.  
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# GOOD MORNING DTPHX!

## INGO'S SIGNATURE COFFEES

regular/large

**BLACK AND WHITE** ..... 4<sup>00</sup>/5<sup>00</sup>

cold brew coffee lightly sweetened, topped with mint whipped cream

**GINGER COLD BREW** ..... 4<sup>00</sup>/5<sup>00</sup>

ginger anise syrup, house cold brew coffee

**GOLDEN LATTE** ..... 4<sup>00</sup>/5<sup>00</sup>

house-made turmeric syrup

**SALTED BUTTERSCOTCH LATTE** ..... 4<sup>00</sup>/5<sup>00</sup>

house-made butterscotch, maldon sea salt



## COFFEE BEVERAGES

regular/large

**ICED COLD BREW** ..... 3<sup>50</sup>/4<sup>50</sup>

**CAPPUCCINO** ..... 4<sup>00</sup>/4<sup>50</sup>

**LATTE** ..... 4<sup>00</sup>/5<sup>00</sup>

**DRIP COFFEE** ..... 2<sup>50</sup>/3<sup>50</sup>

**GUITTARD CHOCOLATE MOCHA** ..... 4<sup>50</sup>/5<sup>50</sup>

**ESPRESSO** ..... 2<sup>75</sup>/---

**AMERICANO** ..... 3<sup>25</sup>/4<sup>25</sup>

**MACCHIATO** ..... 3<sup>00</sup>/---

**CHAI TEA LATTE** ..... 3<sup>50</sup>/4<sup>50</sup>

Add Flavors +.50 Vanilla, Hazelnut, Butterscotch | Add Espresso Shot +.75 | House made Oat or Nut Mylk + \$1.00

## HOT TEA

Jasmine Green, Breakfast, Rooibos, Peppermint - 3<sup>00</sup>

Assorted Hot Tea Selection by Steven Smith (Portland, OR)



**DOWNLOAD THE INGO'S TASTY FOOD APP  
CONVENIENT DELIVERY & CURBSIDE AT YOUR FINGERTIPS!**