



NEVER EVER  
ANTIBIOTICS,  
OR HORMONES.

100% GRASS FED;  
NO GRAIN  
OR ANIMAL  
BY-PRODUCTS.

BORN, PASTURE  
RAISED IN THE  
USA.

<b>TONI'S DEVILED EGGS</b> .....	<b>3<sup>75</sup></b>
german mustard, goat cheese, pickled beet	
<b>FRESH SHATTERED POTATO CHIPS</b> .....	<b>4<sup>90</sup></b>
sea salt, cracked pepper with lebni and/or homemade lacto fermented hot sauce (v)	
<b>INGO'S CHOPPED CHEF SALAD</b> .....	<b>9<sup>75</sup></b>
romaine, arizona dates, white beans, avocado, cheese, almonds	
<b>ORANGE AND FENNEL SALAD</b> .....	<b>9<sup>75</sup></b>
spinach, arugula, goat cheese, avocado, almonds, gastrique onions	
<b>KALE AND QUINOA SALAD</b> .....	<b>9<sup>75</sup></b>
sunflower seeds, grapes, preserved lemon, red peppers, manchego, fresh parmesan (v)	
<b>TROUBADOUR EGG SANDWICH*</b> .....	<b>8<sup>50</sup></b>
english muffin, arugula, baby swiss, avocado, our hot sauce (v)	
<b>HEIRLOOM BROWN RICE BOWL</b> .....	<b>9<sup>75</sup></b>
sorrel pesto, kale, sweet potato, feta, pepitas and sesame seeds, soft boiled egg (v)	
<b>FISH &amp; CHIPS*</b> .....	<b>9<sup>75</sup></b>
crispy white fish, shattered chips, tartar sauce	
<b>WHITE FISH CLUB SANDWICH</b> .....	<b>9<sup>75</sup></b>
crispy loup de mer, tartar sauce, lettuce, tomato, pickle	
<b>CRISPY CHICKEN SAMMY</b> .....	<b>8<sup>95</sup></b>
100% all natural chicken breast, dill pickle, spicy aioli, apple	
<b>BLACK BEAN BURGER</b> 🌱(vegan).....	<b>8<sup>95</sup></b>
cashews, poblano peppers, lettuce, tomato, pickle, house made vegan nut cheese - spicy!	
<b>FARMER'S DAUGHTER BURGER*</b> .....	<b>9<sup>50</sup></b>
grass fed beef, toasted bun, dijonaise, baby swiss, sauerkraut	
<b>CHEESEBURGER*</b> .....	<b>9<sup>25</sup></b>
grass fed beef, cheddar, lettuce, tomato, russian dressing, pickle	
<b>PARIS TEXAS BURGER*</b> .....	<b>9<sup>50</sup></b>
grass fed beef, hickory bbq sauce, smoked bacon, cheddar cheese, lettuce, dill pickle	

- 1) kids (12 and under) grilled cheese 3<sup>75</sup>
- 2) upgrade w/ an egg\* +1<sup>00</sup>
- 3) wrap your salad n/c
- 4) "adam & eve" style on any burger n/c
- 5) add grass fed patty/crispy chicken to salad +4 add white fish +6
- 6) (v) vegetarian or can be made vegetarian



Please alert us at beginning of your meal to ALL possible food allergies.  
 \*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients.  
 Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

## SPIRITS

<b>INGO'S GREYHOUND - ON DRAFT!</b> .....	glass/liter rocks 8/38 frozen 8/24
gin, fresh grapefruit, lemon, mint	
<b>LAVENDER LEMONADE</b> .....	8/38
vodka, fresh lemon juice, lavender	



only the best: fords gin, flor de caña rum,  
old forrester bourbon, prairie organic vodka, milagro silver tequila

### TO-GO COCKTAILS

ENJOY ANY OF OUR COCKTAILS AT HOME!

16 oz serves 2-3 **19**

32 oz serves 4-5 **38**

FROZEN GREYHOUND **9**  
serves one

## LGO PROPRIETARY WINES

<b>FARM TABLE RED</b> .....	glass / bottle 7/17
<b>CLEAN + BRIGHT CHARDONNAY</b> .....	7/17
<b>FARM TABLE ROSÉ</b> .....	7/17
<b>LGO PÈRE LACHAISE SPARKLING</b> .....	25

## DRAFT BEER

<b>WREN HOUSE 'BIG SPILL' PILS</b> .....	glass/pitcher 7/21
phoenix, arizona 4.7%	
<b>THE SHOP BEER CO 'CHURCH MUSIC' IPA</b> .....	7/21
tempe, arizona 6.7%	

## MORE BEVERAGES HERE

<b>ICED TEA</b> black or green 24oz/32oz.....	2 <sup>75</sup> /4 <sup>00</sup>
<b>HOUSEMADE LEMONADE</b> 24oz/32oz.....	3 <sup>00</sup> /4 <sup>00</sup>
<b>COKE</b> with pure sugar cane .....	3 <sup>25</sup>
<b>DIET COKE</b> .....	3 <sup>00</sup>
<b>SAN PELLEGRINO ARANCIATA</b> .....	3 <sup>25</sup>
<b>TOPO CHICO MINERAL WATER</b> .....	3 <sup>25</sup>
<b>AQUA PANNA</b> 0.5 lt still .....	3 <sup>00</sup>



DOWNLOAD THE INGO'S TASTY FOOD APP  
CONVENIENT DELIVERY & CURBSIDE AT YOUR FINGERTIPS!