

## RISE AND SHINE WITH INGO'S every day until 11am

lightly toasted with butter and preserves		
☐ EGG SALAD TARTINE	650	
LGO english muffin, egg salad, chives (prosci		
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OVERNIGHT OATS (v)		
rolled oats, fresh fruit, house-made nut mill	(	
HEIRLOOM BROWN RICE BOWL	9 <sup>75</sup>	
sorrel pesto, kale, sweet potato, feta, pepita:	•	
	850	
english muffin, arugula, baby swiss, avocado,	lacto-fermented hot sauce (v)	
EGG BREAKFAST.	9 <sup>90</sup>	
three eggs your style served w/ applewoo		
7 11		
VEGAN BREAKFAST BURRITO	850	
black bean, sweet potato, kale, cashew che	•	
sundried tomato, avocado, our lacto-ferme	:nted hot sauce (v)	
INGO'S CHORIZO BURRITO	950	
whole wheat tortilla, egg, grass fed beef c		
potatoes, lacto-fermented hot sauce	,,,	
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LGO BAKESHOP PASTRIES		
LEMON POPPYSEED SCONE	VEGAN CHOCOLATE CHIP	
buttery, tender, lemon, poppy seeds	BANANA BREAD (gf/v)	
<b>_</b>	roasted bananas, vegan chocolate, gluten free	
WHOLE WHEAT BLUEBERRY COFFEE CAKE	ALMOND BEAR CLAW	
whole wheat cake, streusel topped,	almond filled, puff pastry, almond topping	
blueberries		
LUNCH SALADS MADE TO ORDER		
AVAILABL	•••••	

- 1) coffee and pastry catering available
- 2) all pastries baked fresh daily
- 3) (v) vegetarian or can be made vegetarian

# GOOD MORNING DTPHXI

### INGO'S SIGNATURE COFFEES

regular/large

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$\square$ GINGER COLD BREW	
☐ GOLDEN LATTE	
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INGO'S	
COFFEE BEVERAGES regular/large	
☐ ICED COLD BREW	
☐ CAPPUCCINO	

GUITTARD CHOCOLATE MOCHA......459/550

# ☐ HOT TEA

Jasmine Green, Breakfast, Rooibos, Peppermint -  $3^{\circ\circ}$ Assorted Hot Tea Selection by Steven Smith (Portland, OR)







DOWNLOAD THE INGO'S TASTY FOOD APP

For Group Orders & Catering needs please contact us: IngosCatering@lgohospitality.com



☐ <b>TONI'S DEVILED EGGS</b> german mustard, goat cheese, pickled beet		
□ MEZZE DIP PLATE     spicy muhammara and lebni served with crudités and fresh pita		
☐ INGO'S CHOPPED CHEF SALAD. 9 <sup>75</sup> romaine, arizona dates, white beans, avocado, manchego, almonds		
ORANGE AND FENNEL SALAD 9 <sup>75</sup> spinach, arugula, goat cheese, avocado, almonds, gastrique onions		
□ KALE AND QUINOA SALAD     Sunflower seeds, grapes, preserved lemon, red peppers, manchego, fresh parmesan (v)		
☐ BISTRO STEAK SALAD 14 <sup>50</sup> bistro filet, mixed greens, goat cheese, sunflower seeds		
■ TROUBADOUR EGG SANDWICH® 850 english muffin, arugula, baby swiss, avocado, our hot sauce (v)		
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₩HITE FISH CLUB SANDWICH 10 <sup>50</sup> crispy loup de mer, tartar sauce, lettuce, tomato, dill pickle		
CRISPY CHICKEN SAMMY. 9 <sup>25</sup> 100% all natural chicken breast, dill pickle, spicy aioli, apple		
BLACK BEAN BURGER (vegan). 895 cashews, poblano peppers, lettuce, tomato, pickle, house made vegan nut cheese - spicy!		
FARMER'S DAUGHTER BURGER® 950 grass fed beef, dijonnaise, baby swiss, sauerkraut		
☐ CHEESEBURGER®		
PARIS TEXAS BURGER®		
ADD ONS:  crispy chicken +425   white fish +7 grass fed beef patty +6 steak+8  NEVER EVER ANTIBIOTICS, OR HORMONES.  ALWAYS GRASS FED, ALWAYS GRASS FED, NO GRAIN OR ANIMAL BY-PRODUCTS.  NEVER EVER ANTIBIOTICS, OR HORMONES.  OR HORMONES.  ALWAYS GRASS FED, ALWAYS GRASS FED, NO GRAIN OR ANIMAL BY-PRODUCTS.		

### **COCKTAILS**

Happy Hour every day 3-6pm 5<sup>∞</sup> signature cocktails

5∞ signature cocktails		
INGO'S FAMOUS GREYHOUND gin, fresh grapefruit, lemon, mint	rocks 9 frozen 9	
LAVENDER LEMONADE. vodka, fresh lemon juice, lavender	9	
<b>DIEGO RIVERA</b> milagro silver tequila, fresh citrus, thyme	9	
JUMPING JACK FLASH bourbon, cocchi vermouth, lemon, ginger	9	
only the best: fords gin, flor de caña rum, old forrester bourbon, prairie organic vodka, milagro silver tequila		
TO-GO COCKTAILS		
••	•	
16 oz serves 2-3 <b>19</b>		
ENJOY ANY OF OUR COCKTAILS AT HOME!  16 oz serves 2-3 19  32 oz serves 4-5 38  EDOZEN CREYHOLIND 9		
FROZEN GREYHOUND 9 serves one	.:	
LGO PROPRIETARY WINES  glass / bottle		
FARM TABLE RED	7/17	
CLEAN + BRIGHT CHARDONNAY	7/17	
FARM TABLE ROSÉ	7/17	
LGO PÈRE LACHAISE SPARKLING	•	
BEER		
WREN HOUSE 'BIG SPILL' PILS	160z can <b>g</b>	
phoenix, arizona 4.7%		
THE SHOP BEER CO 'CHURCH MUSIC' IPA. tempe, arizona 6.7%	8	
MORE BEVERAGES HERE		
ICED TEA black or green 240z/32oz	2 <sup>75/</sup> 3 <sup>90</sup>	
HOUSEMADE LEMONADE 240z/320z	3°°/4°°	
COKE with pure sugar cane		
DIET COKE	3°°	
SAN PELLEGRINO ARANCIATA		
TOPO CHICO MINERAL WATER 325		
PURELY SEDONA STILL WATER 330ml		







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