



ALWAYS GRASS FED,
ALWAYS GRASS FINISHED



NEVER EVER
ANTIBIOTICS,
OR HORMONES.

100% GRASS FED;
NO GRAIN
OR ANIMAL
BY-PRODUCTS.

BORN, PASTURE
RAISED IN THE
USA.

TONI'S DEVILED EGGS	4 ⁰⁰
german mustard, goat cheese, pickled beet	
FRESH SHATTERED POTATO CHIPS	4 ⁹⁰
sea salt, cracked pepper with lebni and/or homemade lacto fermented hot sauce (v)	
INGO'S CHOPPED CHEF SALAD.	9 ⁷⁵
romaine, arizona dates, white beans, avocado, cheese, almonds	
ORANGE AND FENNEL SALAD	9 ⁷⁵
spinach, arugula, goat cheese, avocado, almonds, gastrique onions	
KALE AND QUINOA SALAD	10 ⁰⁰
sunflower seeds, grapes, preserved lemon, red peppers, manchego, fresh parmesan (v)	
TROUBADOUR EGG SANDWICH*	8 ⁷⁵
english muffin, arugula, baby swiss, avocado, our hot sauce (v)	
HEIRLOOM BROWN RICE BOWL	9 ⁷⁵
sorrel pesto, kale, sweet potato, feta, pepitas and sesame seeds, soft boiled egg (v)	
FISH & CHIPS*	10 ⁷⁵
crispy white fish, shattered chips, tartar sauce	
WHITE FISH CLUB SANDWICH	10 ²⁵
crispy loup de mer, tartar sauce, lettuce, tomato, pickle	
CRISPY CHICKEN SAMMY	9 ²⁵
100% all natural chicken breast, dill pickle, spicy aioli, apple	
BLACK BEAN BURGER  (vegan).	9 ²⁵
cashews, poblano peppers, lettuce, tomato, pickle, house made vegan nut cheese - spicy!	
FARMER'S DAUGHTER BURGER*	9 ⁵⁰
grass fed beef, toasted bun, dijonnaise, baby swiss, sauerkraut	
CHEESEBURGER*	9 ⁵⁰
grass fed beef, cheddar, lettuce, tomato, russian dressing, pickle	
PARIS TEXAS BURGER*	9 ⁷⁵
grass fed beef, hickory bbq sauce, smoked bacon, cheddar cheese, lettuce, dill pickle	

- 1) kids (12 and under) grilled cheese 3⁷⁵
- 2) upgrade w/ an egg* +1⁰⁰
- 3) wrap your salad n/c
- 4) "adam & eve" style on any burger n/c
- 5) add grass fed patty/crispy chicken to salad +4 add white fish +6
- 6) (v) vegetarian or can be made vegetarian



Please alert us at beginning of your meal to ALL possible food allergies.

*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SPIRITS

INGO'S GREYHOUND - ON DRAFT!	glass/liter rocks 8/38 frozen 8/24
gin, fresh grapefruit, lemon, mint	
LAVENDER LEMONADE	8/38
vodka, fresh lemon juice, lavender	



only the best: fords gin, flor de caña rum,
old forrester bourbon, prairie organic vodka, milagro silver tequila

TO-GO COCKTAILS

ENJOY ANY OF OUR COCKTAILS AT HOME!

16 oz serves 2-3 **19**

32 oz serves 4-5 **38**

FROZEN GREYHOUND **9**
serves one

LGO PROPRIETARY WINES

FARM TABLE RED	glass / bottle 7/17
CLEAN + BRIGHT CHARDONNAY	7/17
FARM TABLE ROSÉ	7/17
LGO PÈRE LACHAISE SPARKLING	25

DRAFT BEER

WREN HOUSE 'BIG SPILL' PILS	glass/pitcher 7/21
phoenix, arizona 4.7%	
THE SHOP BEER CO 'CHURCH MUSIC' IPA	7/21
tempe, arizona 6.7%	

MORE BEVERAGES HERE

ICED TEA black or green 24oz/32oz.....	2 ⁷⁵ /4 ⁰⁰
HOUSEMADE LEMONADE 24oz/32oz.....	3 ⁰⁰ /4 ⁰⁰
COKE with pure sugar cane	3 ²⁵
DIET COKE	3 ⁰⁰
SAN PELLEGRINO ARANCIATA	3 ²⁵
TOPO CHICO MINERAL WATER	3 ²⁵
AQUA PANNA 0.5 lt still	3 ⁰⁰



DOWNLOAD THE INGO'S TASTY FOOD APP
CONVENIENT DELIVERY & CURBSIDE AT YOUR FINGERTIPS!