


<b>TONI'S DEVEILED EGGS</b> .....	<b>4.00</b>
German mustard, Laurel Chanel goat cheese, pickled beet	
<b>FRESH SHATTERED POTATO CHIPS</b> .....	<b>4.90</b>
sea salt, cracked pepper, served with lebni and/or homemade lacto-fermented hot sauce (v)	
<b>INGO'S CHOPPED CHEF SALAD</b> .....	<b>10.50</b>
romaine, Arizona dates, Manchego cheese, avocado, white beans, Marcona almonds, Mama Lil's (v)	
<b>ORANGE AND FENNEL SALAD</b> .....	<b>10.50</b>
spinach and arugula, Laurel Chanel goat cheese, Marcona almonds, gastrique onions, avocado (v)	
<b>KALE AND QUINOA SALAD</b> .....	<b>10.50</b>
black Tuscan kale, Manchego cheese, parmesan, sunflower seeds, grapes, red bell pepper, preserved lemon (v)	
<b>HEIRLOOM BROWN RICE BOWL</b> .....	<b>10.75</b>
sorrel pesto, kale, sweet potato, feta cheese, pepitas, pickled mushrooms, 5-minute egg (v)	

<p><b>PROTEINS</b></p> <p>★ <b>EXTRAS</b></p> <p><b>ADD-ONS</b></p>	<p>crispy or grilled 100% all natural chicken +5</p> <p>sustainably caught Mediterranean Loup de Mer +8</p> <p>certified angus beef patty, ground in-house +6</p> <p>grass-fed beef patty, ground in-house +8</p> <p>fresh egg prepared your style +1</p>	
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<b>TROUBADOUR EGG SANDWICH</b> .....	<b>9.50</b>
English muffin, arugula, baby swiss, avocado, lacto-fermented hot sauce (v)	
<b>WHITE FISH CLUB SANDWICH</b> .....	<b>12.00</b>
crispy Loup de Mer, tartar sauce, lettuce, tomato, pickle	
<b>CRISPY CHICKEN SAMMY</b> .....	<b>10.25</b>
100% all natural chicken breast, pickle, spicy aioli, apples	
<b>FISH &amp; CHIPS*</b> .....	<b>12.50</b>
crispy Loup de Mer, shattered chips, tartar sauce	
<b>THE ATHENA "ALL VEGETABLE" SANDWICH</b> .....	<b>10.50</b>
Noble multigrain bread, pomegranate lebni, sprouts, California avocado, cucumber, onion, marinated and roasted red pepper, sun-dried tomato (v)	
<b>BLACK BEAN BURGER (vegan)</b> .....	<b>10.00</b>
cashews, poblano peppers, lettuce, tomato, pickle, housemade vegan nut cheese—spicy!	
<b>FARMER'S DAUGHTER BURGER*</b> .....	<b>10.25</b>
certified angus beef, dijonnaise, baby Swiss, sauerkraut, housemade bun	
> upgrade to grass-fed beef +2	
<b>CHEESEBURGER*</b> .....	<b>9.75</b>
certified angus beef Wisconsin cheddar, lettuce, tomato, Russian dressing, pickle, housemade bun	
> upgrade to grass-fed beef +2	
<b>PARIS TEXAS BURGER*</b> .....	<b>10.25</b>
certified angus beef, bacon, hickory bbq sauce, Wisconsin cheddar, lettuce, pickle, housemade bun	
> upgrade to grass-fed beef +2	
<b>KIDS GRILLED CHEESE (12 and under)</b> .....	<b>4.00</b>

"adam & eve" sandwich or burger (no charge) (v) vegetarian or can be made vegetarian

Please alert us at beginning of your meal to ALL possible food allergies. \*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

## HANDCRAFTED COCKTAILS

GLASS LITER

INGO'S GREYHOUND .....	rocks 9.00/40.00
Ford's gin, fresh grapefruit, lemon	frozen 9.00/27.00
LAVENDER LEMONADE .....	9.00/40.00
Prairie organic vodka, fresh lemon juice, lavender	

*on DRAFT!*



Proudly serving: Ford's gin, Prairie organic vodka, Flor De Caña rum, Old Forester bourbon, Milagro silver tequila

**TAKE IT TO GO**

16 oz serves 2-3 .....22.00

32 oz serves 4-5 .....40.00

**Frozen Greyhound** single....9.00

## LGO PROPRIETARY WINES

GLASS BOTTLE

FARM TABLE ROSÉ .....	7.00/19.00
CLEAN + BRIGHT CHARDONNAY .....	7.00/19.00
LGO WILLAMETTE VALLEY PINOT NOIR.....	8.00/22.00
FARM TABLE RED .....	7.00/19.00
LGO PÈRE LACHAISE SPARKLING.....	25.00

## BEER

GLASS PITCHER

WREN HOUSE 'BIG SPILL' PILS.....	7.00/23.00
Phoenix, Arizona 4.7%	
THE SHOP BEER CO. 'CHURCH MUSIC' IPA.....	7.00/23.00
Tempe, Arizona 6.7%	

## MORE TASTY BEVERAGES

ICED TEA 24oz/32oz.....	2.75/4.00
COONAWARA ICED GREEN TEA 24oz/32oz.....	2.75/4.00
HOUSEMADE LEMONADE 24oz/32oz.....	3.00/4.00
COKE with pure sugar cane.....	3.25
DIET COKE.....	3.00
SPRITE .....	3.00
SAN PELLEGRINO ARANCIATA .....	3.25
TOPO CHICO MINERAL WATER .....	3.25
AQUA PANNA STILL WATER 500ml .....	3.00

**Skip the lines!**

DOWNLOAD INGO'S TASTY FOOD APP FOR CONVENIENT PICKUP AND DELIVERY AT YOUR FINGERTIPS.



*SCAN TO DOWNLOAD THE APP*

