



TASTY FOOD *love in every dish!* TASTY FOOD *love in every*

TONI'S DEVILED EGGS.....4.00  
german mustard, goat cheese, pickled beet

FRESH SHATTERED POTATO CHIPS .....4.90  
sea salt, cracked pepper, served with lebni and/or homemade  
lacto-fermented hot sauce (v)

INGO'S CHOPPED CHEF SALAD .....10.50  
romaine, arizona dates, manchego cheese, avocado,  
white beans, marcona almonds, mama lil's (v)

ORANGE AND FENNEL SALAD .....10.50  
spinach and arugula, laurel chanel goat cheese, marcona almonds,  
gastrique onions, avocado (v)

KALE AND QUINOA SALAD .....10.50  
black tuscan kale, manchego cheese, parmesan, sunflower seeds,  
grapes, preserved lemon (v)

HEIRLOOM BROWN RICE BOWL .....10.75  
sorrel pesto, kale, sweet potato, feta cheese, pepitas,  
pickled mushrooms, 5-minute egg (v)

*Extra Hungry?* add crispy or grilled all natural chicken +5, white fish +8, grass-fed patty +6  
wrap your salad (no charge)

TROUBADOUR EGG SANDWICH .....9.50  
english muffin, arugula, baby swiss, avocado, lacto-fermented hot sauce (v)

WHITE FISH CLUB SANDWICH .....12.00  
crispy loup de mer, tartar sauce, lettuce, tomato, pickle

CRISPY CHICKEN SAMMY .....10.25  
100% all natural chicken breast, pickle, spicy aioli, apples

FISH & CHIPS\* .....12.50  
crispy loup de mer, shattered chips, tartar sauce

THE ATHENA "ALL VEGETABLE" SANDWICH .....10.50  
noble multigrain bread, pomegranate lebni, sprouts, marinated and roasted  
red pepper, cucumber, california avocado, onion, sun-dried tomato (v)

BLACK BEAN BURGER (vegan) .....10.00  
cashews, poblano peppers, lettuce, tomato, pickle,  
housemade vegan nut cheese—spicy!

FARMER'S DAUGHTER BURGER\* .....10.25  
grass-fed beef, dijonnaise, baby swiss, sauerkraut

CHEESEBURGER\* .....9.75  
grass-fed beef, Wisconsin cheddar, lettuce, tomato, russian dressing, pickle

PARIS TEXAS BURGER\* .....10.25  
grass-fed beef, bacon, hickory bbq sauce, Wisconsin cheddar, lettuce, pickle

KIDS GRILLED CHEESE (12 and under).....4.00

(v) vegetarian or can be made vegetarian  
"adam & eve" your sandwich or burger (no charge)



add an egg\* +1



We proudly serve 100% all natural chicken and  
100% domestic grass-fed, grass-finished beef.

Please alert us at beginning of your meal to ALL possible food allergies.  
\*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients.  
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# COCKTAILS

GLASS LITER

*on DRAFT!*

**INGO'S GREYHOUND** .....rocks **9.00/40.00**  
Ford's gin, fresh grapefruit, lemon **frozen 9.00/27.00**

**LAVENDER LEMONADE** .....**9.00/40.00**  
Prairie organic vodka, fresh lemon juice, lavender



Proudly serving: Ford's gin, Prairie organic vodka, Flor De Caña rum, Old Forester bourbon, Milagro silver tequila

**TAKE IT TO GO**

16 oz serves 2-3 .....**22.00**  
32 oz serves 4-5 .....**40.00**  
**Frozen Greyhound** single ....**9.00**

# LGO PROPRIETARY WINES

GLASS BOTTLE

**FARM TABLE ROSÉ** .....**7.00/19.00**  
**CLEAN + BRIGHT CHARDONNAY** .....**7.00/19.00**  
**LGO WILLAMETTE VALLEY PINOT NOIR**.....**8.00/22.00**  
**FARM TABLE RED** .....**7.00/19.00**  
**LGO PÈRE LACHAISE SPARKLING**.....**25.00**

# BEER

GLASS PITCHER

**WREN HOUSE 'BIG SPILL' PILS**.....**7.00/23.00**  
phoenix, arizona 4.7%

**THE SHOP BEER CO. 'CHURCH MUSIC' IPA**.....**7.00/23.00**  
tempe, arizona 6.7%

# MORE TASTY BEVERAGES

**ICED TEA** 24oz/32oz.....**2.75/4.00**  
**COONAWARA ICED GREEN TEA** 24oz/32oz.....**2.75/4.00**  
**HOUSEMADE LEMONADE** 24oz/32oz.....**3.00/4.00**  
**COKE** with pure sugar cane.....**3.25**  
**DIET COKE**.....**3.00**  
**SPRITE** .....**3.00**  
**SAN PELLEGRINO ARANCIATA** .....**3.25**  
**TOPO CHICO MINERAL WATER** .....**3.25**  
**AQUA PANNA STILL WATER** 500ml .....**3.00**

**Skip the lines!**

**DOWNLOAD INGO'S TASTY FOOD APP FOR CONVENIENT PICKUP AND DELIVERY AT YOUR FINGERTIPS.**



*SCAN TO DOWNLOAD THE APP*

