


TONI'S DEVILED EGGS	5.00
German mustard, Laurel Chanel goat cheese, pickled beet	
FRESH SHATTERED POTATO CHIPS	6.00
sea salt, cracked pepper, served with lebni and/or homemade lacto-fermented hot sauce (v)	
INGO'S CHOPPED CHEF SALAD	11.00
romaine, Arizona dates, Manchego cheese, avocado, white beans, Marcona almonds, Mama Lil's (v)	
ORANGE AND FENNEL SALAD	11.00
spinach and arugula, Laurel Chanel goat cheese, Marcona almonds, gastrique onions, avocado (v)	
KALE AND QUINOA SALAD	11.00
black Tuscan kale, Manchego cheese, parmesan, sunflower seeds, grapes, red bell pepper, preserved lemon (v)	
HEIRLOOM BROWN RICE BOWL	12.00
sorrel pesto, kale, sweet potato, feta cheese, pepitas, pickled mushrooms, 5-minute egg (v)	

<p>PROTEINS</p> <p>★ EXTRAS</p> <p>ADD-ONS</p>	<p>crispy or grilled 100% all natural chicken +5</p> <p>sustainably caught Mediterranean Loup de Mer +8</p> <p>certified angus beef patty, ground in-house +4</p> <p>grass-fed beef patty, ground in-house +6</p> <p>fresh egg prepared your style +1</p>	
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TROUBADOUR EGG SANDWICH	9.50
English muffin, arugula, baby swiss, avocado, lacto-fermented hot sauce (v)	
WHITE FISH CLUB SANDWICH	14.00
crispy Loup de Mer, tartar sauce, lettuce, tomato, pickle	
CRISPY CHICKEN SAMMY	11.00
100% all natural chicken breast, pickle, spicy aioli, apples	
FISH & CHIPS*	15.00
crispy Loup de Mer, shattered chips, tartar sauce	
THE ATHENA "ALL VEGETABLE" SANDWICH	11.00
Noble multigrain bread, pomegranate lebni, sprouts, California avocado, cucumber, onion, marinated and roasted red pepper, sun-dried tomato (v)	
BLACK BEAN BURGER (vegan)	10.00
cashews, poblano peppers, lettuce, tomato, pickle, housemade vegan nut cheese—spicy!	
FARMER'S DAUGHTER BURGER*	10.25
certified angus beef, dijonnaise, baby Swiss, sauerkraut, housemade bun > <i>upgrade to grass-fed beef +2</i>	
CHEESEBURGER*	10.00
certified angus beef Wisconsin cheddar, lettuce, tomato, pickle, Russian dressing, housemade bun > <i>upgrade to grass-fed beef +2</i>	
PARIS TEXAS BURGER*	10.25
certified angus beef, bacon, hickory bbq sauce, Wisconsin cheddar, lettuce, pickle, housemade bun > <i>upgrade to grass-fed beef +2</i>	
KIDS GRILLED CHEESE (12 and under)	4.00

"adam & eve" sandwich or burger (no charge) (v) vegetarian or can be made vegetarian

Please alert us at beginning of your meal to ALL possible food allergies. *State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

HANDCRAFTED COCKTAILS

GLASS LITER

INGO'S GREYHOUND *on DRAFT!* rocks 9.50/40.00
Ford's gin, fresh grapefruit, lemon frozen 9.50/27.00

LAVENDER LEMONADE 9.50/40.00
Prairie organic vodka, fresh lemon juice, lavender

DIEGO RIVERA 9.50
silver tequila, fresh citrus, thyme



Proudly serving: Ford's gin, Prairie organic vodka,
Flor De Caña rum, Old Forester bourbon, Milagro silver tequila

**TAKE IT
TO GO**

16 oz serves 2-3 22.00

32 oz serves 4-5 40.00

Frozen Greyhound single 9.50

WINE

GLASS BOTTLE

2021 ATLANTIQUE ROSÉ 8.00/24.00
easy drinking, picnic style

2021 ESSAY WHITE BLEND 8.00/24.00
fresh, fruity, crisp

2020 OCNAUTIC CABERNET SAUVIGNON 8.00/24.00
splashy, medium body

BEER

GLASS PITCHER

WREN HOUSE 'BIG SPILL' PILS 8.00/23.00
Phoenix, Arizona 4.7%

GREENWOOD 'WARRIOR HAZY' IPA 8.00/23.00
Phoenix, Arizona 6.5%

MORE TASTY BEVERAGES

ICED TEA 24oz/32oz 3.50/4.50

COONAWARA ICED GREEN TEA 24oz/32oz 3.50/4.50

HOUSEMADE LEMONADE 24oz/32oz 3.50/4.50

COKE with pure cane sugar 3.75

DIET COKE 3.00

SPRITE with pure cane sugar 3.75

SAN PELLEGRINO ARANCIATA 3.25

TOPO CHICO MINERAL WATER 3.75

AQUA PANNA STILL WATER 500ml 4.00

Skip the lines!

DOWNLOAD INGO'S TASTY FOOD APP FOR CONVENIENT
PICKUP AND DELIVERY AT YOUR FINGERTIPS.



*SCAN TO
DOWNLOAD
THE APP*

