



DEVILED EGGS	5
German mustard, Laurel Chancel goat cheese, cornichons	
CUCUMBERS AND FETA	4.5
cucumbers, dill, feta, sesame seeds, vinaigrette (v)	
SHATTERED POTATO CHIPS	6.5
sea salt, cracked pepper, served with lebni and/or homemade lacto-fermented hot sauce (v)	
INGO'S CHEF SALAD	13.5
romaine, Arizona dates, Manchego cheese, avocado, white beans, Marcona almonds, Mama Lil's peppers (v)	
KALE AND QUINOA SALAD	13.5
black Tuscan kale, Manchego cheese, parmesan, sunflower seeds, grapes, red bell pepper, preserved lemon, chervil dressing (v)	
TURKEY CHOPPED SALAD	15
oven roasted and sliced in-house, mixed greens, bacon, hard boiled egg, carrots, Parmesan, Mama Lil's peppers, avocado lebni dressing	
HEIRLOOM BROWN RICE BOWL	14
sorrel pesto, kale, feta, pepitas, pickled mushrooms, sesame seeds, fresh dill, 5-minute egg (v)	

PROTEINS, ADD-ONS, EXTRAS

crispy or grilled all-natural chicken +5	sustainably caught Loup de Mer +8
beef patty , ground in-house +5	fresh egg prepared your style +1
grass-fed beef patty , ground in-house +6	

TROUBADOUR EGG SANDWICH	12
English muffin, arugula, baby swiss, avocado, lacto-fermented hot sauce (v)	
WHITE FISH CLUB SANDWICH	16.5
crispy Loup de Mer, tartar sauce, lettuce, tomato, pickle	
CRISPY CHICKEN SAMMY	13
100% all natural chicken breast, pickle, spicy aioli, green apples	
FISH & CHIPS*	17
crispy Loup de Mer, shattered chips, tartar sauce	
THE ATHENA 'ALL VEGETABLE' SANDWICH	13
Noble multigrain bread, pomegranate lebni, sprouts, California avocado, cucumber, onion, marinated & roasted red pepper, sun-dried tomato (v)	
BLACK BEAN BURGER	10.5
cashews, poblano peppers, lettuce, tomato, pickle, housemade vegan nut cheese—spicy! (v)	
DT'S TURKEY CLUB	15
oven roasted and sliced in-house, multigrain Noble bread, Mama Lil's aioli, bacon, white cheddar, avocado, fresh arugula	
FARMER'S DAUGHTER BURGER*	13
certified angus beef, dijonnaise, baby Swiss, sauerkraut, sesame seed bun > upgrade to grass-fed beef +3.5	
CHEESEBURGER*	12
certified angus beef, Wisconsin cheddar, lettuce, tomato, pickle, Russian dressing, sesame seed bun > upgrade to grass-fed beef +3.5	
PARIS TEXAS BURGER*	13
certified angus beef, bacon, hickory bbq sauce, Wisconsin cheddar, lettuce, pickle, sesame seed bun > upgrade to grass-fed beef +3.5	



GF: lettuce wrap sandwich/burger (v) vegetarian or can be made vegetarian



We proudly serve 100% all natural hormone and antibiotic free chicken and certified black angus beef ground in house



Cocktails AND CARAFES!

glass 10 carafe 25 (serves 3)

INGO'S GREYHOUND

Prairie Organic gin, fresh grapefruit, lemon

LAVENDER LEMONADE

Prairie Organic vodka, fresh lemon juice, lavender

DIEGO RIVERA

silver tequila, fresh citrus, thyme

STRAWBERRY SPRITZ

vodka, prosecco, Cappelletti, fresh strawberry reduction



TAKE IT TO GO

16 oz rocks serves 2-3	22
32 oz rocks serves 4-5	40
Frozen Greyhound single	10

WINE

	GLASS	BOTTLE
2021 ATLANTIQUE ROSÉ	8	24
easy drinking, picnic style		
2021 ESSAY WHITE BLEND	8	24
fresh, fruity, crisp		
2020 OCNAUTIC CABERNET SAUVIGNON	8	24
splasy, medium body		

BEER

	GLASS	PITCHER
WREN HOUSE 'BIG SPILL' PILS	8	23
Phoenix, AZ 4.7%		
GREENWOOD 'WARRIOR HAZY' IPA	8	23
Phoenix, AZ 6.5.%		
ATHLETIC 'UPSIDE DAWN' GOLDEN	6	(12 OZ. CAN)
Stratford, CT, Non-Alcoholic		

MORE TASTY BEVERAGES

SIGNATURE ICED TEA green or black	3.5	4.5
HOUSEMADE LEMONADE 24oz/32oz	3.5	4.5
COKE with pure cane sugar	3.75	
DIET COKE	3	
SPRITE with pure cane sugar	3.75	
SAN PELLEGRINO ARANCIATA	3.25	
TOPO CHICO MINERAL WATER	3.75	
AQUA PANNA STILL WATER 500ml.....	4	

LOYALTY PAYS OFF! (LITERALLY)

Download the Ingo's app and join our loyalty program. Get 1,000 points just for signing up! Earn points on every order — dine-in, pickup, or curbside — and redeem on ANYTHING from our menu.



Please alert us at beginning of your meal to ALL possible food allergies. *State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.